

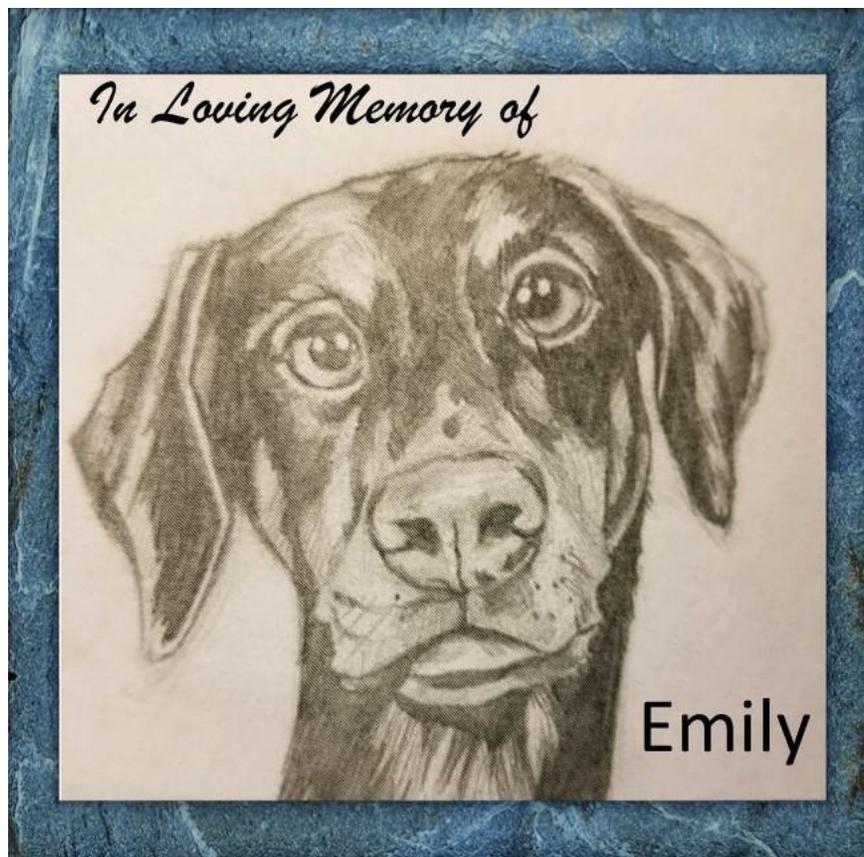
Resilience, Inc.
P.O. Box 1907
Nevada City, CA 95959



Resilience Inc. Newsletter: Nov. 14, 2018 (Volume 38)

This month's newsletter includes:

A Memorial for Emily.



In memory of the amazing Emily.

Our precious Emily passed away last Tuesday morning in my arms. I am so grateful I could be right there with her to send her off. She had heart problems, which is a characteristic of her breed. Tuesday morning, she was breathing heavily and couldn't stand up. I crawled in her bed with her and held her in my arms. I finally had the courage to say, "If you need to go, it's ok." She just didn't take her next breath.

As you can image, I have been grief-stricken. Grateful for the 12 years she graced our lives but missing her so much. Then very early Saturday morning some relief came through a half-daydream, half night-dream. I saw Jesus walking barefoot in soft green grass. He looked over at me and said, "Thanks for taking care of Emily for the past 12 years. I needed her back to take care of me". Then I saw Emily trotting out in front of Him (She always likes to be in front). She was full of energy and smiling. She looked over at me and gave me one of her long intense looks, and then she winked at me.

So the pain is still in me, but it's mixed with gratitude for being able to spend the last 12 years of my life with Emily. She taught me about unconditional love, loyalty, strength and interdependence.

Thank you, Emily. I love you.

Mom



Don't forget to check out Lori Ashcraft's Blog!!

To read and contribute to Lori's blog, click on the link below:

www.resilience4u.us





call 530-362-7070.

For more information on our Consulting and Training Services or information on our Peer Support Learning for the 21st Century - Building Resilience on a Foundation of Recovery and Whole Health Workbook and Training Program,

Visit our website at www.resilience4u.us

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